

Caring for children and families



When families succeed children succeed



Our mission is to serve as a community resource that provides childcare, educational and developmental intervention, and family support services. We offer child-focused, family-centered programs that are affordable, accessible and of the highest quality. The agency staff and associated professionals work in partnership with families and others in the community to build on each child's unique strengths, ensuring positive growth and development.

Dear Friends,

We are pleased to present Cape Cod Child Development's Annual Report for the year 2009. It is an opportunity for us to share with the community our growth and key accomplishments as well as the powerful impact that our programs had on the lives and futures of local children and families.

This past year just over 3,000 children and their families benefited from an array of comprehensive services offered by our organization. We are excited to say that our core services continued to be significantly enhanced by specialty programs such as the Autism Family Support program and the Preschool/Head Start's Music Together program. A focus on health and wellness also framed much of our work in all of our programs with strong results. Our ongoing commitment to develop new partnerships with public schools, local businesses and community volunteers yielded new opportunities to innovate and improve services to meet pressing family and community needs. Compelling issues such as maternal depression awareness, grandparents raising grandchildren, and the social-emotional wellbeing of young children were a top priority.

The economic downturn had a significant impact on not only business operations but also on service delivery as families became more and more strained by job losses, lack of affordable housing, and an overall struggle to meet basic needs. From a business standpoint, we were faced with decreased resources and increasing costs, which necessitated deep cost-saving measures including reductions in our workforce. Guided by our mission, we stayed committed to providing affordable, accessible high-quality services and never strayed from that commitment as we sought reductions. For our families, the solutions were not as straightforward since financial struggles and family stress began to have, for

some, a toxic impact. In response, we increased our referrals for mental health issues, counseling, substance abuse and other community supports—resulting in improved outcomes for many of our families. Our staffs' strong ties to each family positioned us to be a trusted, knowledgeable resource that they turned to in times of crisis or need. Most importantly, our focus through all of this was on our mission and our ability to stay committed to our guiding principles of care and service.

We are proud of our accomplishments in spite of the challenges we faced. We achieved our goals through the hard work and dedication of an incredibly talented, highly professional workforce who live our mission in everything they do. Additionally, we are supported in our work by an engaged, committed volunteer Board of Directors and a community of donors and stakeholders who inspire us to stay the course. We look to the year ahead as one with continued economic challenge but with confidence in our ability to meet the needs of children and families in our community with new program initiatives, continued focus on quality and outcomes, and renewed spirit that what we do really matters in the lives and futures of the children, families and the community we serve.



Mary Pat Messmer
Executive Director



Dr. Barbara Desguin
Board President

Committed to our guiding principles of care and service



“The programs available to us were so important to the welfare of my family and we are forever grateful to CCCD for all the support they provided, even through difficult economic times.”

Parent of child enrolled in the Afterschool Program

A Year in Review

Since our beginnings as a small summer Head Start program in 1971, Cape Cod Child Development has become one of the largest child and family service organizations on Cape Cod. Our longevity is owed in part to our efforts to continually adapt programming based on emerging trends in childhood development and health as well as strong family and community partnerships.

Now more than ever Cape Cod Child Development is poised to care for local children and families. All our programs are licensed or certified by the state of Massachusetts while many also have national accreditation. For the third year in a row, the Department of Early Education and Care designated our Preschool/Head Start as a Universal Pre-Kindergarten program—another recognition of the highest standard of quality.

As our programs have changed over the last four decades our commitment to quality has not. Our impact on the community is made by promoting best practices in service delivery by well-trained professionals dedicated to meeting the ever-changing needs and preferences of the families we serve.

- The Early Intervention program **provided assessment and support services to 1,072 infants and toddlers** suspected of or identified as having a developmental disability/delay, health condition or cluster of risk factors.
- **The Preschool/Head Start program** provided early childhood education to **530 preschool-age children** to ensure school readiness and promote family engagement and positive outcomes.

- The School-Age program provided **after-school and summer child care to 210 children** by providing a safe and nurturing environment using an evidence-based curriculum that highlights structured and free-time learning opportunities.
- **Two hundred eleven children (211)** ages 1 month to 12 years old **received curriculum-enriched child-care** in one of 35 licensed family childcare homes across Cape Cod, an increase of 25% from last year.
- The Families United Network (**F.U.N.**) **served 1,063 parents and their young children** through parent/child play and learning groups, parent support groups and family workshops; topics included positive discipline, single parenting, grandparents raising grandchildren, and prenatal planning.
- **Twenty-nine (29) pregnant or parenting teens** and their partners enrolled in the Teen Parent program and received ongoing support, counseling, education and childcare.
- The Emergency Food Pantry **provided 3,850 meals (125 households)** to families on Cape Cod **including 301 children.**

Promoting affordability, accessibility and the highest quality



Engaging Families

Every child's unique strengths and challenges are supported by a strong partnership between our staff and parents. In honoring a family's priorities and preferences, we shape a child's education and care around the success and wellbeing of an entire family. Connecting to parents in this way allows their child's learning and development in the classroom to have continuity and support at home. *We believe when families succeed children succeed.*

- **Full or partial scholarship support was offered to 83 children to access core programs** including Early Intervention, Preschool/Head Start and School-Age Childcare.
- The After-School program **collaborated with parents and public school teachers** to provide homework support and reinforce academic content for **165 school-age children** in areas such as math, science and language.
- **Every family enrolled in the Preschool/Head Start** program received monthly home visits from a family worker to support continuity between a child's learning in the classroom and at home.
- **One hundred eleven (111) Portuguese- and Spanish-speaking families** received ongoing translation, interpreter and advocacy support on Cape Cod, Martha's Vineyard and Nantucket.
- **Fatherhood workshops**, offered by F.U.N. and Preschool/Head Start respectively, were attended by **172 fathers** to help build successful father-child and father-mother relationships.

Promoting Health and Wellness

We support physical health as an integral piece of a child's total growth and development. Agency-wide efforts such as the dental coverage for under- and uninsured preschoolers, flu and swine flu vaccinations, nutritional education, physical movement and coordination, and affordable healthy living allow us to partner with parents to face the many challenges surrounding the health of their children and families.

- **Physical exams were completed** by pediatricians for **530 preschool-age children; 412 preschool-age children** completed routine sensory, developmental, and behavioral screenings.
- **Two-hundred and ten (210) school-age children** ages 5 – 12 years old enrolled in the summer program, which included physical activities such as sailing, swimming, hiking and nature studies, organized sports and outdoor play.
- **One hundred and forty-five (145) school-age children** participated in healthy cooking activities to share with their families at home while parents in the Preschool/Head Start program enrolled in **healthy cooking on a budget**.
- In partnership with 4C's Dental Hygienist Program, volunteer dentists, and other community dental programs, **dental exams were provided to 359 uninsured or under-insured preschool-age children**, including basic screenings, preventative and curative dental care and annual/biannual check-ups.

"Family and community service staff use innovative and effective actions to provide a sustained response to the identified needs and desires of families."

Head Start Federal Review Report

Serving over 3,000 children and families in 2009



"Your Early Intervention

program has been so critical to

the sound development of our 3-year old

daughter who is paralyzed but cognitively

healthy. We could not have asked for more

caring, professional and dedicated

care givers."

Parents enrolled in the

Early Intervention program

Helping Children Meet Developmental Milestones

Our mission to make quality programs accessible to the community means we support the unique developmental needs of all children. For youngsters with disabilities and delays, health conditions and learning challenges, we partnered with parents, public schools, and other community providers to support their cognitive, social-emotional and physical development.

- **Individualized specialty services** were developed and carried out by an early intervention team in the homes, playgrounds and other family settings of **729 infants, toddlers and their families.**
- **Twenty five percent (25%) of school-age children received support for special needs** such as a physical disability or learning challenge including **ESL (English as a Second Language) children.**
- **Eleven percent (11%) of preschool-age children** were screened and received an Individualized Education Plan for special education services to help support challenges in learning.
- **Family childcare providers utilized the Ages and Stages Questionnaire** to screen 111 children ages birth to 5 to help identify developmental delays.

Supporting Professional Growth

The quality of our programs is built on the knowledge, skill, diversity and engagement of our workforce. We strive to create a work environment that values opportunities for life-long learning and career advancement while pursuing ongoing training to support the ever-changing trends and needs of the Cape Cod community.

- **Our Early Intervention program was selected** by the Department of Public Health as one of two in Southeast Massachusetts to complete and promote state-adopted training focused on identifying and supporting **infant mental health.**
- Cape Cod Child Development was invited by the Department of Early Education to be the lead for the Cape Cod community demonstration site for a **state-wide initiative** (SpecialQuest) to guide local early childcare providers in working with **young children with significant disabilities.**
- **All 35 family childcare providers received extensive training** in areas including **SIDS** (Sudden Infant Death Syndrome), **CSEFEL** (Social and Emotional Foundations for Early Learning), medications, new regulations and **curriculum development** based on state learning standards.
- Early Intervention program staff attended specialized curriculum training (SCERTS) to support families and their children with **Autism Spectrum Disorder.**
- Cape Cod Child Development's Preschool/Head Start program benefited from the support and expertise of over **800 volunteers**; fifty-nine (59) additional volunteers supported other agency programs.
- **Partnered with the Cape & Islands Maternal Depression Task Force** to train 95 pediatricians, social workers, childcare professionals and family support providers in effectively identifying and treating all stages of maternal and postpartum depression.





Donor Summary

This was a meaningful year for Cape Cod Child Development in identifying new support and embarking on new initiatives. Thanks to new leadership support and renewed grant funding, staff was able to launch and sustain a number of worthy initiatives.

We would like to acknowledge and thank all the individuals, groups, businesses and foundations whose generosity helped us support hundreds of children and families on Cape Cod, the Islands and Wareham in a number of capacities. We are truly grateful for the continued support.

\$20,000 and up

Bank of America Charitable Foundation
Cape Cod Charitable Fundraisers
CVS Caremark Charitable Trust
The Peter and Elizabeth C. Tower Foundation

\$10,000 to \$19,999

Botello Lumber Company

\$5,000 to \$9,999

The Bilezikian Family Foundation
The Max and Victoria Dreyfus Foundation, Inc.
Edwin D. and Carol McGuire

\$1,000 to \$4,999

Cape Cod Cooperative Extension of Barnstable County
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CVS Caremark
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Joanne and Toby Hynes
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Mutual of America
Project Bread
Pamela Purcell
Shepley Wood Products
St. Peter's Episcopal Church
TD Bank
TD Charitable Foundation
Wendy's
The Woods Hole Foundation, Inc.

\$500 to \$999

B.A. Event Promotions
Blue Cross & Blue Shield of Massachusetts
Broderick Building & Remodeling, Inc.
Mary Dwyer
Gargiulo/Rudnick, LLP Attorneys at Law
The Salvation Army
Ernest M. and Denise Smily
St. Andrew's Church

\$250 to \$499

Associated Elevator Companies
Dr. Barbara Desguin
Mal Hughes
Ricki Lacy
The Law Offices of John Manoog
Mariners Lodge Angel Fund
Mount Horeb Lodge Masonic Angel Fund
Remote Sensing Solutions
Rogers & Gray Insurance Agency
Secure Networks for Small Businesses, Inc.
Yarmouth Masonic Angel Fund

A special thank you goes out to those who gave significant non-monetary donations in the way of in-kind gifts, services and support:

Barnes and Noble
Borders Books
Eight Cousins
Pandora and Nick Lagadinos
Liberty Commons Rehabilitation & Skilled Care Center
Nu Psi Chapter of Sigma Phi Gamma International Sorority
Saint George Greek Orthodox Church of Cape Cod
TD Banknorth
Toys for Tots
UPS
Woods Hole Women's Club

(This list does not represent all gift donations received in the fiscal year 2009)



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Financial Highlights

Statement of Activities
for the year ended June 30, 2009

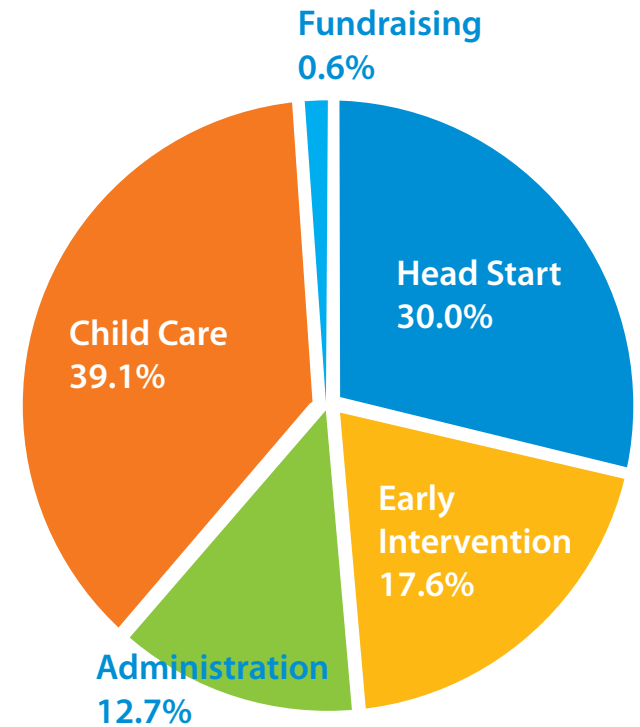
Revenue and Other Support

State Funds	\$ 5,832,476
<i>Departments of Early Education and Care, Education, Public Health, Transitional Assistance, and Medicaid</i>	
Federal Funds	\$ 2,852,131
<i>Department of Health & Human Services and Administration for Children & Families</i>	
Town, Community Partnership and MFN Funds	\$ 181,690
Parent Fees	\$ 492,240
Third Party Fees	\$ 1,028,598
Gifts and In-Kind	\$ 413,876
Interest	\$ 2,882
Other	\$ 15,302
Total Revenues & Other Support	\$ 10,819,195

Expenses by Area

Head Start	\$ 3,281,026
Child Care	\$ 4,264,498
Early Intervention	\$ 1,916,681
Administration	\$ 1,390,725
Fundraising	\$ 66,209
Total Expenses	\$10,919,139

Decrease in Net Assets **\$ (99,944)**



Information is excerpted from the report of an audit conducted by Claude Boudwin, LLC, Certified Public Accountants in accordance with generally accepted auditing standards. In his report dated November 24, 2009, Mr. Boudwin expressed his opinion that the financial statements present fairly the financial position of Cape Cod Child Development. Furthermore, he stated that the agency was in compliance with all federal program requirements under OMB Circular A-133, Audits of States, Local Governments, and Non-Profit Organizations, with no material weakness or deficiencies in internal controls over compliance.



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