

The Mid-Cape Resource Directory was compiled for families with small children, birth to 5 years of age. The reprinting of this directory was made possible through a grant from the Massachusetts Department of Early Education and Care, administered by Dennis-Yarmouth Community Council for Children and the Early Childhood Council for Barnstable Families.



Este Diretório de Recursos do Meio-cape foi compilado para o uso de famílias com crianças pequenas, numa média de idade de 5 anos. O diretório foi possível de ser realizado com a ajuda da verba do Departamento de Educação de Massachussetts.

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Dennis Yarmouth Regional School District
McKinney-Vento Homeless Assistance Act Grant

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2002 This Directory was compiled, designed and produced by Rabideau Publishing/Cape Cod Parent and Child, the Newspaper for Parents on the Cape. All effort was made to ensure the accuracy of information in this book. This is a compilation of current information from many reliable resources and is considered public information and is not presented with any personal recommendation from, the Massachusetts Department of Early Education and Care.

To advertise or request copies of this publication, please contact:

Mary Wilson
Families United Network Program
Cape Cod Child Development
(800) 974-8860

Worried about where your going to sleep tonight? Concerned about your education or your child's?

Children and youth without a permanent place to live have the right to:

- **Go to school, including public pre-school**
 - Where they live or where they last attended school if feasible.
 - Without records or Documentation
- **Obtain free lunch (and breakfast, if offered).**
- **Receive transportation to the school they attended last.**
- **Participate in school programs and receive support and services.**

For more information, contact _____ at _____
or Peter Cirioni (781-338-6294) or Sarah Slautterback (781-338-6330).

¿Sabes dónde dormirás esta noche? ¿Te preocupa tu educación o la de tus hijos?

Los niños y jóvenes que no tienen un sitio permanente donde vivir tienen derecho a:

- **Ir a la escuela, incluyendo la escuela preescolar pública**
 - En donde viven o en donde asistieron a la escuela más recientemente, cuando sea posible.
 - Sin expedientes o documentación.
- **Recibir almuerzo gratuito (y el desayuno también, si se ofrece).**
- **Ser transportados a la escuela a la que asistieron más recientemente.**
- **Participar en programas escolares y recibir apoyo y servicios.**

Preocupa-se quanto a um lugar para dormir esta noite? Preocupa-se com educação para si e para seus filhos?

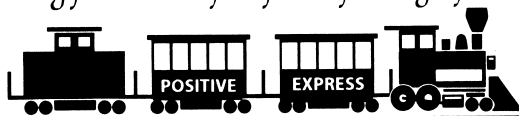
Crianças e jovens que não tenham um lugar permanente para morar têm o direito a:

- **Freqüentar a escola, incluindo a pré-escola pública**
 - onde vivem ou a última escola que freqüentaram, se possível.
 - sem históricos ou documentação
- **Almoçar gratuitamente (e também tomar o café da manhã, se oferecido).**
- **Receber transporte para a última escola que freqüentaram.**
- **Participar de programas escolares e receber apoio e serviços.**

Parenting & Family Support

THE PARENTING STATION

Teaching practical skills for a positive parenting experience.



15 Brentway Drive • South Yarmouth, MA 02664

E-Mail: cddcpnc@hotmail.com

Cindy Horgan

(508) 394-4978

Family Support



Big Brothers/Big Sisters 508-771-5150x105
Matches children from single parent homes with adult role models

Cape Cod Council of Churches 508-775-5073
Referral to church based child care programs

National Alliance for the Mentally Ill 508-778-4277
Support & referrals for families of individuals with mental illness

Bridges Associates 508-362-7692
Assessments and support of individuals with learning and developmental disorders

Cape Cod Human Services 800-894-2247
Provides individual, family or group counseling

Psychiatric Center of Cape Cod 800-545-5014
Acute care and urgent care

Child & Family Services of Cape Cod 800-576-9444
Home based mental health and counseling services to children, youth, parents and families

Dept. of Developmental Services 800-352-7742
Support and referrals for individuals with mental or emotional crisis

Dept. of Children & Families -
Child Abuse Hotline 800-352-0711

Cape Cod Adoption Network 508-385-7815 x5
www.capecodadoptionnetwork.org

Cape Cod Neighborhood Support
Coalition 888-992-2672
www.capecoalition.com Free and confidential information and referral service for families on the Cape and Islands, including parent education and support.

Dept. of Public Health (Bureau of Family & Community Health).....800-882-1435

Hospice and Palliative Care 800-642-2423
Bereavement program for surviving family members and primary caregivers. KIDS GRIEVE TOO! Bereavement program for children and adolescents

Independence House800-439-6507
Assists and supports battered women and their children

Massachusetts Society for the Prevention of Cruelty to Children (MSPCC)..... 508-775-0275
Information and referrals to child abuse prevention and home visiting services

Gosnold-Thorne Clinic, Inc. 800-930-0006/508-862-9929
Services for children, teens and their families. Substance abuse counseling, family therapy, parent training.

Christian Counseling Services of Cape Cod508-778-2225
Psychotherapy, counseling for individuals, families, couples, and groups.

Children's Cove 508-375-0410
Advocacy and support for families dealing with abuse

Families United Network 508-775-6240x512
Early Intervention programs and support for families with children birth to four years of age

Cape Cod Mothers of Twins Group 508-430-4023
email: twins@cape.com

Keeping Pace with Multiple Miracles 508-559-0040
Support and playgroups for parents of twins, triplets and more
<http://keepingpace.org>

Stephany Alves 508-246-5091

Lynda Johnson 508-477-1357

Family Ties800-905-8437
Info and support network for families of children with disabilities, special healthcare needs or chronic illness.

Family Self Sufficiency (thru HAC) 508-771-5400

Motherlink877-267-7700
You and your baby are invited to come and meet moms and babies that are experiencing all the joy and challenges of the first 11 months!

Family Support (cont)

Parental Stress Hotline 800-632-8188
24 hours, 7 days a week. Concerns related to children. Confidential, anonymous. Listeners for parents, grandparents or friends who are concerned about children. Referrals also available.

Parents Helping Parents 800-882-1250

Safe Harbor 508-790-2933
Must be referred by Department of Transitional Assessment. Emergency assistance providing multi-services for battered women and their children.

The Early Childhood Intervention Program
of Cape Cod Child Development 800-974-8860
Served eligible families of children from birth to 3 years old when there are concerns about development.

The Parenting Station 508-394-4978
Resource for parents, includes small groups.

Child Care Network 508-778-9470 / 888-530-2430
Referrals for families seeking legally operating childcare programs. Educational opportunities on a variety of topics for parents and early education professionals. Information on childcare tuition assistance.

We Can 508-430-8111
Assists Cape Cod women with transitions such as divorce, career change, job loss, illness, retirement, isolation, personal loss and provides resources for information and referrals. www.wecancenter.org

Parenting Classes

Barnstable Community Partnerships Program ... 508-775-2770

Dennis/Yarmouth Community
Partnerships Program 508-398-7664

Cape Cod Child Development
Families United Network Program 508-775-6240x512

Cape Cod Hospital/Childbirth Education 508-862-5520
Certified instruction for childbirth; group classes

Center for Breastfeeding 508-888-8044
Support and classes for breastfeeding

The Warm Line-Breastfeeding Support 888-890-2229
Telephone support for mothers breastfeeding

MSPCC 508-775-0275
Information and referral to child abuse prevention and home visiting services

The Parenting Station 508-394-4978

Child and Family Counseling Services

Child and Family Services of Cape Cod 800-576-9444

Home based mental health and counseling services for children, youths, parents and families

Grief Support Center 800-642-2423

Grief support program for surviving family members, primary caregivers, family members, loved ones and friends. Group and individual counseling by licensed counselors.

Kids Grieve, Too! 800-642-2433

Specialized grief services for children and teens that have lost a loved one or friend. Program is for children and adolescents.

Independence House 800-439-6507

Individual and group counseling for children empowerment.

Gosnold-Thorne Clinic, Inc 508-862-9929

Counselors for children and psychiatrist are available to provide child medication management

Christian Counseling Services of Cape Cod ... 508-778-2225

Counseling for individuals, families, couples and groups

Children's Cove 508-375-0410

Children and family counseling for families dealing with abuse

Department of Children & Families 800-352-0711/508-760-0200

Provides protection to children and strength to families through counseling on a variety of family issues including adoption, emergency shelter and protective services

Rape Crisis Center 800-922-8772 24-hour hotline, free and confidential by certified rape counselors

Samaritans on Cape Cod and the Islands, Inc. (Suicide Prevention Hotline) 800-893-9900/508-8900/508-548-7999

24 hour counseling for any caller who needs human contact and a compassionate listener

South Bay Mental Health 508-760-1475

Individual and families, couples and groups, home, school or work setting. Variety of concerns. Appointments within one week. Psychiatric medications and testing.

Child and Family Counseling Services (cont)

Family Continuity Program 508-862-0600

Short-term psychiatric services for children and adolescents Individual, family, and group treatment. School based services and psychological testing.

Cape Cod Human Services of Cape Cod

Health Care 800-545-5014

Provides individual, family or group counseling

Child-At-Risk Hotline 800-792-5200

Family counseling, crisis counseling for individuals of child abuse and neglect

NAMI (National Alliance for the Mentally Ill)

Cape Cod 508-778-4277

Peer lead support groups for the family and consumer of mental health

Massachusetts Society for the Prevention of Cruelty

to Children 508-775-0275

Offers office and home base mental health and substance abuse counseling medication evaluation and management, support and therapy groups, parent skills training, and community education

Psychiatric Center at Cape Cod Hospital 800-545-5014

Acute care and urgent care

P.A.T. Psychiatric Assessment Team 800-513-4728

24-hour mental health assessment and referrals Child, adolescent and family services

Bayview Associates 508-862-0514

Assists children ages three to nineteen and their families. Our child and family therapists understand the unique problems confronting children and young adults

For on-line resources and a listing of self help groups, visit the Cape Cod Times. HYPERLINK

www.capecodonline.com

In "business name" type resources

To Your Good Health Newsletter. HYPERLINK

www.toyourgoodhealth.com Click on "Calendar"

Crisis Intervention



- Bridge Over Troubled Waters 617-423-9575
- Cape Cod and Island
Community Mental Health Center.....800-352-7742
Provides psychiatric intervention in crisis situations involving mentally ill
adults and adolescents.
- Cape Cod & Islands Dept. of Mental Health
Crisis Intervention Services 800-322-1356/508-778-4627
Provides 24-hour crisis intervention, evaluation, stabilization, and referral to
treatment and/or services as needed.
- Child-At-Risk Hotline 800-792-5200
- Community Action Committee 800-845-1999
Anti-poverty, human service-social action agency operating to empower
and improve the lives of low income residents.
- Dept of Children & Families..... 800-352-0711/508-760-0200
Provides protection to children and strength to families through
various services including adoption, counseling, emergency shelter and
protective services.
- Dept. of Mental Health 508-771-2595
Services and support to MA citizens with mental retardation.
- Disabled Person's Protection 800-426-9009
24 hr. report abuse to disabled individual commission.
- Independence House 800-439-6507/508-771-6507
Assists and supports battered women and their children.
- Poison Control 800-682-9211
- Rape Crisis Center 800-922-8772
24 hr. hotline, free, confidential, certified rape counselors.
- Psychiatric Center of Cape Cod 508-545-5014
Acute and urgent care.
- Poison Emergency 800-222-1222

Crisis Intervention (cont.)

P.A.T. Psychiatric Assessment Team 800-513-4728
24 hr. mental health assessment and referral of/to children, adolescents,
and families services.

SAFE HARBOR 508-790-2933
Emergency assistance providing multi-services for battered women and
their children. *Must be referred.*

Samaritans of Cape Cod and Islands
(Suicide Hotline) ... 800-893-9900/508-548-8900/508-548-7999

Teen Services

Ala-Teen Service Center 508-394-4555
Self-help support group for teens dealing with alcoholics

Cape Cod Human Services 1-800-894-2247
Provides comprehensive mental health/family services
including counseling on various issues including teen pregnancy

Early Child Bearing 508-540-2968

Family Planning 508-771-8010
Provides affordable reproduction health care and counseling

Services for Teen Parents and Children
(Cape Cod Child Development) 800-974-8860

Early Child Bearing Teen Clinic 508-349-3131



Fuel/Utility Assistance

Fuel Assistance	508-746-6707 508-778-0870
Electric Assistance	800-592-2000
Gas Assistance	800-548-8000
Oil/Self-Reliance Co-op	508-563-6633
Membership organization that offers oil co-op, auto insurance discount, long distance telephone services at low flat rates.	
Mass Save	800-632-8300
Dept. of Public Utilities	800-392-6066
Good Neighbor Energy Fund	508-775-0364
Fuel assistance available to eligible families during the heating season	

Financial Assistance

American Red Cross (Disaster)	508-775-1540
Disaster relief: Clothing, food, housing & household goods	
Cape Cod Times Needy Fund	508-778-5661
Provides temporary financial assistance to residents for basic human needs.	
Department of Transitional Assistance- Hyannis	508-862-6600
Provides financial aid to persons in need	
Salvation Army (Food, Clothing, FEMA) Cape Cod	(508) 775-0364
Provides emergency assistance in the form of food, clothing, and limited household furnishings	
St. Vincent dePaul Society	800-675-2882
Provides vouchers for rent, mortgage & food	
Social Security Administration	800-772-1213
Financial assistance for eligible children and adults with disabilities	
Veterans' Benefits	800-827-1000

Legal Services

Barnstable County Bar Advocates, Inc..... 508-432-8866
Provides court-appointed legal defense for the needy.

Catholic Social Services 508-771-6771
Offers legal advocacy and education using workshops and individual contact for immigrants.

Consumer Product Commission 800-638-2772
Protects consumers from unreasonable risks of injury and death associated with products used in the home.

Consumer Credit Counseling Service 800-282-6196
Advises on budgeting and credit issues and negotiates reduced payment arrangements with creditors. Assists homeowners and renters in addressing housing concerns.

Consumer Assistance Council 508-771-0700
Consumer education and local complaint process for Attorney General's office, dealing with auto, landlord/tenant contracts, goods and services, mail or phone order, credit card and business complaints.

Dial-A-Lawyer 617-338-0610

Mass. Office of Disability 800-322-2020
Monitors delivery of services to people with disabilities, promotes their legal and human rights.

Harvard Legal Aid Bureau 617-495-4408
Free legal services regarding housing, benefits and family law.

Legal Services of Cape Cod 800-742-4107/ 508-775-7020
Civil/Legal representation, advice to low income individuals and families on issues of gov. benefits, family law, housing, homelessness, disability and consumer protection, elder law, domestic violence.

Massachusetts Bar Association 800-392-6164
Referrals to legal aid programs and services.

Massachusetts Child Support Enforcement 800-332-2733
Information on child support laws, filing claims and help with a specific case.

Massachusetts Legal Assistance Corp 617-367-8544
Legal services for income eligible people.

Volunteer Lawyers Projects 617-423-0648
Help with Supplemental Security Income appeals and other cases.

Transportation

- Bonanza Bus 888-751-8800 508-548-7588
B-Bus/Sealine/H2O 800-352-7155
Plymouth & Brockton Street Railway ... 508-778-9769/775-6502
Red Cross Medical Transportation 508-775-1540



Food

- Council of Churches 508-394-6361
Food Pantries and emergency food parcels.
- Hunger & Food Stamp Hotline 800-645-8333
Referrals to local food banks and screenings for food stamps.
- Project Bread 800-645-8333
Operates Food Source Hotline. Information about food stamps and other free or low cost food resources.
- Salvation Army 508-775-0364
Provides emergency food parcels to qualifying persons.
- SHARES/Serve New England 888-742-7363
Independent, cooperative community program providing fresh and staple foods, including fruits, vegetables, meat, at a minimal cost plus community service.
- Women, Infants & Children (WIC) 800-942-2445
Provides free food and nutrition information to help keep pregnant women, infants and children under 5 healthy and strong.
- St. Vincent de Paul Society Food Pantry 508-775-3073
Provides food for residents of Hyannis & West Yarmouth.



Clothing

- Cape Cod Council of Churches 508-394-6361
Operates Thrift Shop where items are sold at nominal cost or given to those in need
- Katie's Corner 508-240-0694
- Mass-A-PPeal 508-349-1173
- A Baby Center 508-771-8157
Clothing for infants and children at no cost to qualifying families
- Salvation Army Thrift Store 508-775-0364
Provides clothing and household goods to qualifying clients
- Goodwill Thrift Store 508-790-0046
Operates a thrift store offering clothing and household goods at low cost

Housing

- Angel House 508-775-8045
- Community Action Committee
of Cape Cod 800-845-1999/ 508-771-1727
Advocates for housing subsidies and transitional housing for homeless as well as for issues that impact low income families



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FREE Coloring Placemat & Sports Cup
Breakfast...\$4.99 (includes drink)
Bacon 'n Eggs • Chocolate Chip Pancakes • French Toast Stix 'n Bacon & more

Lunch or Dinner...\$6.49 (includes drink & Hoodie Cup)
Grilled Cheese 'n Fries • Mac 'n Cheese with Ham Steak
Hot Dog 'n Fries • Chicken Fingers 'n Fries & more

Hearth 'n Kettle 
RESTAURANTS
www.HearthnKettle.com

Falmouth
Hyannis
Yarmouth
Orleans

Housing (cont.)

Habitat for Humanity 508-775-3559
Building and renovating houses; housing repair

Harwich Ecumenical Council for the Homeless 508-240-7499
Housing for homeless families. Mentor counseling. Preventive program for those at risk of homelessness

Housing Assistance Corporation 508-771-5400
Emergency prevention funds for mortgages and rents. "Section 8" rental assistance programs. Homeless shelters. First time home buyers program. Weather proofing and home rehab. program

Interfaith Council for the Homeless 508-255-9667
Homeless prevention, counseling and guidance for the homeless or those at risk of homelessness. Information and referral. Emergency monies available

H.U.D. Hotline 800-688-9889

Rural Development (low interest loans) 508-295-5151

Housing Authorities

Provides subsidized public housing resources to low and moderate income households

Barnstable 508-771-7222

Dennis 508-394-3120

Yarmouth 508-398-2920



- Open Play
- Birthday Parties
- Private Functions

We're Crazy About Fun!

www.bonkerzpartyzone.com

email: havefun@bonkerzpartyzone.com

Rick & Liz Latshaw
508-398-KIDS (5437)
Fax: 508-398-5457

41 Long Pond Drive
South Yarmouth, MA 02664
Next Door to Stop & Shop

Health



A.I.D.S Support Group of Cape Cod
866-990-2437

Alcohol Abuse & Drug 24 Hr. Hotline
800-252-6465

American Academy of Pediatrics/
Massachusetts Chapter781-893-4610
Information about child health issues

American Cancer Society 800-227-2345

American Heart Association 508-760-6818

Barnstable County Health and
Environment Dept 508-362-2511 ext. 330
Protects public health and promotes health and social well being

Barnstable County Human
Services Department 508-362-2511 ext 332
Examines availability, delivery and coordination of health services

Breast Feeding Warm Line 888-890-2229
Promotes and supports healthy breastfeeding

Dentistry for All 800-342-8747
Dental services. Eligibility based on need

Division of Medical Assistance
(Mass Health/Medicaid) 800-242-1340
Low cost or no cost health insurance

Family Planning 508-771-8010
Provides affordable reproductive health care and counseling

Children's Medical Security Plan 800-909-2677
Low cost or no cost medical insurance

DPH Care Coordination Program
(formerly Case Management) 781-828-7700

Health (cont.)

- DPH Southeastern Regional Office 781-828-7700
- Mass. Health 800-242-1340
Low cost or no cost medical insurance
- Good Grief Program617-414-4005
Grief education and counseling
- Health Care for All 800-272-4232
Help line for answers to insurance and health care access
- Healthy Connection 508-255-1903
Bilingual health outreach for individuals and communities in rural Mass.
Free & confidential service that provides advocacy, information, re-
sources, referral and support for people seeking answers to and programs
of health and human services
- Helping Our Women 508-487-4357
Services for women with chronic, life threatening or disabling illnesses.
Support groups, case management, transportation
- LaLeche League 800-LA-Leche (525-3243)
Telephone counseling on breast feeding, new mothers' groups, and
information on breast pump rentals and sales
- Lead Poisoning Information 800-532-9571
- Mass Center for SIDS Hotline 800-641-SIDS (7437)

Mid-Upper Cape Community Health Center

30 Elm Avenue, Hyannis, MA 02601

508-778-0300 • TTY # 508-778-6475

*Quality Medical and Dental Healthcare
for you and your family*

Insurance Accepted

Mass Health • Sliding Fee Scale • Private Insurance

Health (cont.)

Mass Dental Society800-342-8747 / 800-943-9200
Dentistry for all program, partial reduction of fees with participating dentists

Massachusetts Immunization Program 617-983-6800
Information about immunizations and where to get shots

Massachusetts League of Community Health Centers800-475-8455
Referrals to local health care centers and information about free or reduced-cost health care

Nursing Mothers' Council 617-244-5102
Breast feeding counseling and rental of breast feeding pumps and other aids plus childbirth education

Poison Control Center800-682-9211

Sexually Transmitted Disease Program 617-983-6940

Smokers Quit Line 800-TRY-TO-STOP

United Way of Cape Cod Info-Line (Referral)800-462-8002

Visiting Nurse Association (VNA) 508-240-1100/800-631-3900
Wide range of services and programs serving the community. Serves the insured and uninsured

VNA Life Services 508-394-2230 ext 259/ 800-631-3900
Breast and cervical cancer screening for uninsured or underinsured women over 40

Disability Services



ARC of Cape Cod 508-790-3667
Provides opportunities for developmentally disabled to find work, access education, and integrate into the community

Cape Organization for the Rights of the Disabled (CORD) 508-775-8300/800-541-0282
An advocacy group and independent living center for all persons with disabilities

Community Connections 508-362-1140
Provides quality employment, residential, habilitative and recreational services. Promotes self-sufficiency, personal growth and community involvement

Office of Health & Disability (DPH) 617-624-5070

Early Childhood Intervention 800-974-8860
Program for birth to age three. Developmental evaluations. Free services. A Cape Cod Child Development Program.

Early Intervention Parent Leadership Project 877-35-EI-PLP

Easter Seal Society of Mass 800-922-8290
Provides rehabilitation services to people with physical disabilities regardless of age

Easter Seals Equipment Loan Program 800-922-8290

Family Ties 508-947-1231/800-905-8437

Federation for Children with Special Needs 617-236-7210/800-331-0688
Advocacy and service referrals for children with special needs and their parents or guardians

Kennedy Donovan Center-Dennis 508-385-6019
Provides individual support services to developmentally delayed children and adults and their families

Disability Services (cont.)

March of Dimes Birth Defects Foundation 508-790-1093

Materials in English and Spanish on genetic services, birth defects, and children with special needs

Mass. Advocacy Center 617-357-8431
Advocacy for children needing special education services

Mass. Assitive Technology Partnership Center 617-355-7820/TTY 617-355-7301

Mass. Commission for the Blind 800-392-6450
Access to legal rights and benefits, counseling, training and advocacy

Mass. Commission for the Deaf and Hard of Hearing 800-882-1155

Mass. Dept of Developmental Disabilities 508-771-2595

Mass Dept of Public Health
Case Management 508-778-7561
Case management, support and technical assistance to help parents of children with special health care needs to get services from public and private agencies

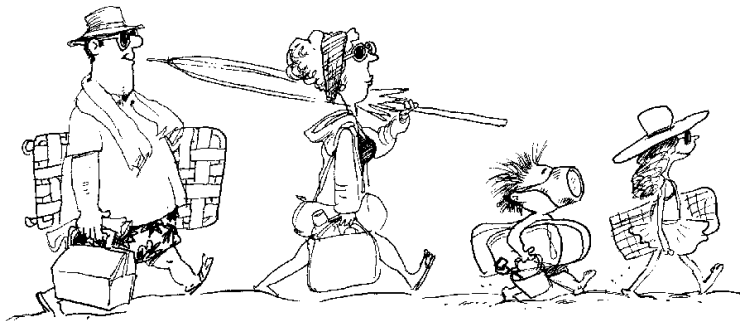
Mass. Office on Disabilities 800-322-2020

Mass Rehabilitation Commission 508-862-6600
Vocational assessment/guideance, career planning, skills/job training, job-seeking assistance for individuals with disabilities

SHARE Foundation: Society for Human Advancement Through Rehabilitation 508-999-8482
Evaluation, equipment and services for people with physical disabilities



Recreation & Family Outings



Mid Cape Libraries

Centerville Library	508-790-6220
Cotuit Library	508-428-8141
Dennis Memorial Library	508-385-2255
Jacob Sears Public Library	508-385-8151
Hyannis Public Library	508-775-2280
Marstons Mills Public Library	508-428-5175
Osterville Free Library	508-428-5757
South Dennis Free Public Library	508-394-8954
Sturgis Library	508-362-6636
West Dennis Public Library	508-398-2050
Whelden Memorial Library	508-362-2262
West Yarmouth Library	508-775-5206
Yarmouth Port Library	508-362-3717
South Yarmouth Library	508-760-4820
Dennis Public Library	508-760-6219

All Libraries offer Children's Programming. Call for Story Hour Information and other programming for all age groups.



Town Recreation Departments

Barnstable Town Recreation Division	508-790-6345
Barnstable Youth Hockey Assoc.	508-778-0626
Yarmouth Recreation Dept.	508-790-9133
Town of Dennis	508-394-8300
Dennis Youth Baseball	508-385-5466

Outings Across the Cape

Upper Cape

Aptucxet Trading Post Museum	508-759-9487
Cape Cod Children's Museum	508-539-8788
Green Briar Nature Center	508-888-6870
Gus Canty Recreation Center	508-457-2567
Heritage Plantation	508-888-3300
Northeast Fisheries Center Aquarium	508-495-2000
Thorton Burgess Museum	508-888-6870
Waquoit Bay National Estuarine Reserve	508-457-0495
Water Wizz	508-295-3255

Mid Cape Area

Cape Cod Potato Chip Tour	1-888-881-CHIP (2447)
Zooquarium	508-775-8883
Island Carousel/Cape Cod Mall	508-771-0200
Hyline Harbour Cruises	508-778-2600
JFK Museum	508-790-3077

Cape Cod Railroad 508-771-3800
 Hyannis Youth and Community Center 508-790-6345
 Tony Kent Arena 508-760-2400
 Ryan Family Amusements 508-759-9892
 Ryan Family Amusements 508-775-3411

Lower Cape

Cape Cod National Seashore 508-349-3788
 Cape Cod Museum of Natural History 508-896-3867
 Nickerson State Park 508-896-3491
 Salt Pond Visitor Center 508-255-3421
 Wellfleet Bay Wildlife Sanctuary 508-349-2615
 Pilgrim Monument & Provincetown Museum 508-487-1310



CAPE COD TIMES

YOUR CAPE. YOUR PAPER.

1-800-286-2233

IN PRINT & ON LINE

WWW.CAPECODONLINE.COM

Public Schools



Barnstable School System

Barnstable School Administration	508-862-4953
Barnstable High School	508-790-6445
Barnstable Intermediate School	508-790-6460
Barnstable Horace Mann	508-420-2272
Special Education Services	508-862-4951

Elementary Schools

Barnstable-West Barnstable	508-362-4949
Centerville Elementary	508-790-9890
Barnstable Community Horace Mann	508-420-1100
Public Charter School, West Villages	
Hyannis West Elementary	508-790-6480



Dennis-Yarmouth School System

D-Y Administration Office	508-398-7600
D-Y Pupil Services Office	508-398-7624
D-Y Regional High School	508-398-7630
Mattacheese Middle School	508-778-7979
Ezra Baker Elementary School	508-398-7690
Marguerite E. Small Elem. School	508-778-7975
LC MacArthur Elementary	508-398-7685
Nathaniel H. Wixon School	508-398-7695
Station Ave Elementary School	508-760-5600
D-Y Early Childhood Program	508-398-7664 / 508-398-7626

Higher Education

Cape Cod Community College ...508-362-2131/877-846-3672

Employment/Job Training/ Adult Education

ACCCESS (GED/ESL) 508-548-0151 ext 135 / 508-778-2221
 Barnstable Community School 508-790-6458
 Cape Cod Community College 508-362-2131
 Cape Cod Regional Technical
 High School 508-771-2600
 Cape Cod Cooperative Extension 508-362-2511 ext 585
 Cape Cod Literacy Council 508-771-0211
 Division of Employment & Training 508-775-5800
 Fishing Family Assistance Center 800-656-FISH
 JTEC 508-778-5656
 Massachusetts Rehab.
 Commission 508-862-6600
 Women and Men in Transition,
 Cape Cod Community College 508-362-2131
 Upper Cape Regional Vocational School 508-759-7711
 Wampanoag Indian Tribal Council 508-477-0208



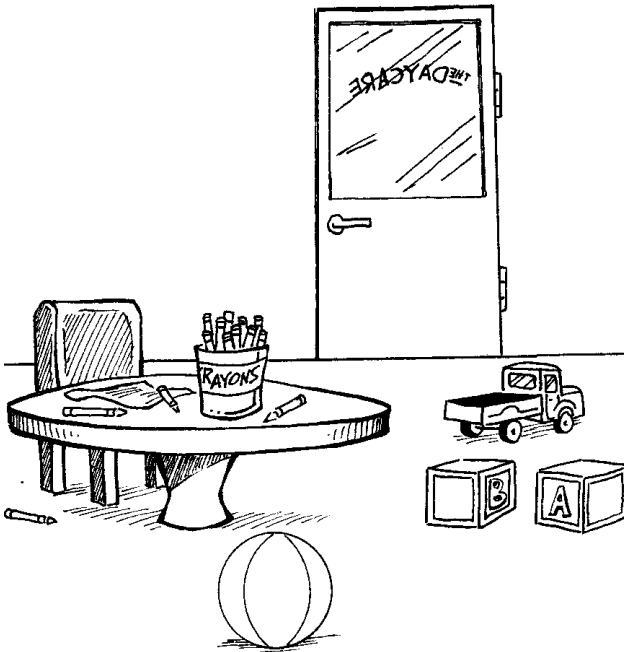
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WE'RE IN THE VERIZON YELLOW PAGES WWW.CONNECTINGPOINT.NET

Child Care Centers, Family Day Care Providers, Preschools & HeadStart



Choosing Childcare

Choosing the right childhood program for your child is an important task. There are many choices for parents and guardians and the process of making that decision can be involved. The choices include family daycare, center based childcare and parent coops. These various providers may be large or small, profit or non-profit.

As each childcare program is different so is each family seeking childcare. When choosing a childcare program each family should consider their individual needs. A visit to several childcare programs can help in the decision making process. Be sure to ask a variety of questions at each visit and follow-up each discussion with additional questions. A good fit can help build a strong foundation for your child.

Please note that there are many licensed center-based child care providers in the mid-Cape region offering child care for infants, preschoolers and school-age children. For a complete list please call the **Child Care Network at 508-778-9470.**

Some questions to keep in mind when choosing your daycare provider include:

- ◆ Hours of operation
- ◆ Policy for Holidays/Vacation
- ◆ Food/Meals Provided
- ◆ Nap time policies
- ◆ Schedule of the activities
- ◆ How the center or provider will communicate with the parents or guardians.
- ◆ Safety and Medical Policies
- ◆ Cost and Payment Policies

Many times two visits to a site can help with the transition to childcare. The first visit can be the parent or guardian alone. This will offer a chance for a more relaxed atmosphere in which to observe the center. The second visit should include the child in order to acquaint him/her with their new surroundings.

While your child is attending a program be sure to communicate with your provider regularly. Be sure to let them know how your child is doing at home and how they are transitioning to their new program. If you have any questions or concerns be sure to address them sooner than later. Your childcare provider wants to be aware of any concerns you may have. Also be sure to praise your childcare providers, it is always a good feeling to know when you are doing a great job!



Cape Cod Child Development Head Start Program

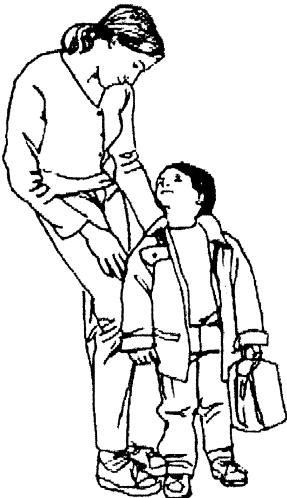
Director: Mal Hughes

83 Pearl Street
Hyannis, MA 02601
(508) 775-6240
800-974-8860

Full Day, Full Year Programs
Dennisport, Hyannis, West Yarmouth,
Barnstable Early Learning Center
7:30 AM-5:30PM

Part Day, Part Year Programs
Early Learning Center
@ Centerville Elementary School 8:10 - 11:40
Stevens Street 8:30-12:30 Dennisport 8:30-12:30
Hours vary according to session

All Head Start Programs offer hands on experiences in science, math, language arts with a strong emphasis on self-esteem building and social skills as well as nutrition services and some transportation services.



“Caring for Children
and Families
In our Community”

- Open M-F
7:30 am - 5:30 pm
- Serves 2.9 - 5 y.o.
- NAEYC Accredited
- Vouchers Accepted
- Private Pay - Which includes breakfast, lunch and snack each day

Cape Cod Child Development School Age Programs

@ Founders Court

Director: Eileen Casey
979 Falmouth Road, Unit B1
Hyannis, MA 02601
508-418-5560

- ◆ Open Monday - Friday 11:00AM - 5:30PM
During School Year
- ◆ Open Monday - Friday 7:30AM - 5:30PM
Summer/School Vacations
- ◆ Serves 5 - 12 years old
- ◆ Sliding Fee Scale

Barnstable Inclusive Preschool Program

Coordinator: Julie Jones

Centerville Elementary School
658 Bay Lane
Centerville, MA 02632
Main Number: (508) 790-6493 / (508) 790-9832
Special Education Services (508) 790-9830

- Open Monday - Friday, Half day sessions only, modified school calendar
- Serves 3 to 5 year olds
- NAEYC Accredited
- Use of sliding scale for fees

This is a public school program providing a supportive and developmental educational setting for three and four year old children with and without identified special education needs. Children who may have special education needs can be evaluated to determine if they are eligible for special education services. A child without special education needs would be registered through the Barnstable Schools. Programs are 2.5 hours in the morning and afternoon.

Cape Cod Conservatory Pre-School Program Director: Christine Bianca

2235 Route 132, Iyanough Road
West Barnstable, MA 02668
(508) 362-2772

- Open: Half Days September - June
T/Th 3 & 4 years old, MWF 4 & 5 year olds
- Serves 3 - 5 years old
- NAEYC Accredited

The preschool takes a "hands on" active learning approach. The curriculum includes visits by the conservatory dance, art and music faculty.

YMCA Cape Cod Children's Crossing Childcare Center Director: Doreen Jenkins

2245 Route 132, Iyanough Road
West Barnstable, MA 02668
(508) 362-6500 ext. 125

- Open Monday - Friday 7:30AM - 5:30PM Year Round
- Serves: 3 months - 5 years
- State vouchers accepted, YMCA Scholarships for qualified families

The center provides for the holistic development of each child. Educators create an environment that is safe, nurturing, and non-sexist where children can reach out, explore, grow and share. This philosophy holds true for all ages- infants, toddlers and preschoolers. The YMCA's long held mission of building strong families and communities is an important part of the everyday operation of our program for youth, including Children's Crossings.



Barnstable Early Learning Center

Director: David Thomas

Barnstable Public Schools
Community Partnership, HeadStart
Barnstable High School
744 West Main Street
Hyannis, MA 02601
(508) 775-2770 or (508) 775-2581

- Open Monday - Friday Year Round 7:30 am - 5:30 pm
- Serves 3 & 4 year olds
- State Sliding Scale
- NAEYC Accredited
- All Vouchers Accepted

This program is a community partnership between the Barnstable schools preschool program, Head Start and the high school child development program. The program is designed to build pre-school and readiness skills in an individualized and developmentally appropriate environment.

Kiddie Kollege Early Learning Center

Director: Susan C. Smith



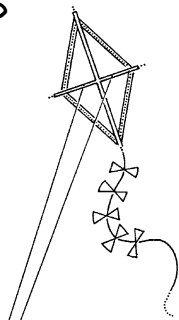
154 Bearses Way
Hyannis, MA 02601
(508) 775-1830

- Open Monday - Friday 7:30AM - 5:30PM Year Round
- Serves Infants - kindergarten
- NAEYC Accredited
- CPC and State Vouchers Accepted

Kiddie Kollege has been offering quality childcare and Kindergarten experiences since 1973. For over 35 years, Kiddie Kollege has been the choice of mid-Cape families seeking a quality early childhood experience for their children. Kiddie Kollege is conveniently located on Bearses Way, across from the Hyannis East Elementary School and just minutes from Route 132, the Hyannis Mall, and Main Street. Our newly renovated facility includes multiple classrooms for infants, toddlers, preschoolers, and kindergarteners. An outdoor playground with developmentally appropriate equipment completes our facility.

Stepping Stones Child Care Center Director: Amber Perkins

1498 Falmouth Road
Centerville, MA 02632
(508) 778-1399



- Open Monday - Friday 7:15AM - 5:30PM
- Serves 12 months - 7 years old
- Open Year Round
- NAEYC Accredited
- State Vouchers Accepted

Our mission is to support the needs of working families by providing high quality care and early education on a year round, full time basis. We create a curriculum that is nurturing and provides structure to let children develop at their own pace.

Building Blocks Child Care Center Director: Eila Desrocher

1336 Phinneys Lane
Hyannis, MA 02601
(508) 778-8200

- Open Monday - Friday 7:00AM - 5:30PM Year Round
- Serves Infants 3-15 months, toddlers 15 months- 2.9 years & preschool 2.9-5 year old children
- State Vouchers Accepted

Building Blocks was established to ensure a warm, nurturing and friendly environment for all children. The structure of the day allows for children to engage in curriculum that is hands on. Some of the activities include free choice, circle and group time, visits from Thornton Burgess, creative arts, outdoor play and story time. Healthy snacks are offered twice daily. The teachers encourage socialization and independence of each child as they learn and play with their peers and the adults in their surroundings.

Cotuit Nursery School

Co-Directors:
Cindy Faszewski and Carol-Jean O'Toole

40 School Street • Cotuit, MA 02635
(508) 428-1470
www.CotuitNurserySchool.org
CotuitNurserySchool@yahoo.com

- Open Monday - Friday, 9:15am- 12:00pm
- Part day - Part Year Program (Sept-May)
- Serves 2.9 years to 7 Years

Each child is an individual with his/her own rate and style of learning. We strive to have your child learn comfortably within a group without losing his/her own individuality. We work on Kindergarten readiness using games and hands on activities. We nurture your child in a happy, loving atmosphere.

Little Carpenters Early Childhood Learning Center

Director: Beverly Robedee

270 Communication Way, 3C
Hyannis, MA 02601
(508) 771-5350

- Open Monday - Friday, 7:30am- 5:30pm Year Round
- Serves 1 month to 12 Years
- State Vouchers Accepted

Our dedication is to provide an integrated program to fulfill the emotional (self image), academic and physical needs of the whole child. Helping him/her to have love for God and Country and respect for self and appreciation for others.

Featuring: Love and learning for God-Self-Others,
Pre-reading and Math programs

Offering: Self-expression through arts, crafts, and drama,
Eye-hand coordination, Cozy home-like facilities, Selected toys
to stimulate imagination, Individualized classes, Large safe
area for outdoor play, Field Trips, Individualized attention,
Music & Science

Crystal Garden Children's Center Inc.

Director: Lynda V. Allen

87/103B Enterprise Road

Hyannis, MA 02601

(508) 790-4710

- Open Monday - Friday, from 7:30am- 5:30pm Year round
- Serves 3 months to 6 years
- State Vouchers Accepted

The founding of Crystal Garden Children's Center Inc. is based on an educational philosophy that young children should be respected as unique individuals in order to meet their full potential. This philosophy breaks away from the rigid teaching practices and recognizes each child as an individual; respects and celebrates their individuality and cultural diversity; develops strong healthy self-esteem ; employs creative teaching and assists parents in understanding the various stages of growth and development which transcend to positive guidance and reward discipline practices. Our goals and objectives are to provide development experiences suitable to the child's age and individual needs, however with significant learning experiences.

Kevin D. Callahan

ATTORNEY AT LAW
178 TEATICKET HIGHWAY
EAST FALMOUTH, MA 02536

TEL 508-457-7700

FAX 508-457-7797



West Parish Family School

Director: Barbara Bennett

2049 Meetinghouse Way
West Barnstable, MA 02668
(508) 362-4967
www.westparishfamilyschool.org

- Open 9:00am - 3:00pm Monday - Friday,
Early Care: 7:30am - 9:00am, Late Care: 3:00pm - 5:30pm
- Operating during the school year
- Serves 15 months through Kindergarten
- NAEYC Accredited
- State Vouchers Accepted

Our mature experienced staff promotes active learning through play. Children acquire pre-math, pre-literacy, and social skills in our safe nurturing environment.

- Over 30 years in the community
- Low staff turnover
- Excellent child/staff ratio

Bright Promises

Director: Ellie Eaton

57 Pond Street
Osterville, MA 02655
(508) 428-5010
www.brightpromisespreschool.com

- Three half day programs.
Tuesdays - Thursday, 8:45am - 11:45am (3 Year Olds)
Monday, Wednesday, Friday, 8:45am - 11:45 (4 Year Olds)
Monday - Thursday, 12:30pm - 3:30pm (4 to 5 Year Olds)
- Operating September - Mid June
- Serves 2.9 - to 5 years old

We believe that every child holds a bright promise for the future. It is our goal to provide a warm, nurturing environment that encourages the development of the whole child. In meeting this responsibility, experiences will be planned to encourage all children to develop a healthy self concept and positive self-esteem. This program recognizes the uniqueness of each child and provides positive encouragement for the child's continued growth and development. Thus providing the child with building blocks of life.

Whiz Kids

Director: Sue Heinlein

593 Flintstreet
Marstons Mills, MA 02648
(508) 428-0188

- Monday - Friday 7:30am - 5:30pm
- Operating Full Year
- Serves 6 weeks - 14 years
- State Vouchers Accepted
- Transportation provided to and from West Villages Elementary, Centerville Elementary and both Charter Schools.

Helping children develop a positive healthy self-concept promoting the development of independence and self-reliance in each child.

Dennis Scargo School

Director: Ellen Hyde



218 Main St.
South Dennis, MA 02660
(508) 394-4104

- Open Monday-Friday 7:30AM-4:30PM - School Year Only
- Serves 2.9-5 years old
- NAEYC Accredited
- State Vouchers Accepted

"We believe in the value of providing opportunities for children to creatively and joyously express themselves. We are dedicated to providing a safe and caring environment, in which children can experience, experiment and explore."

Cape Cod Child Development Dennisport Preschool Program

Director: Michele Piper

187 Depot Avenue
Dennisport, MA 02639
(508) 418-5585

- Full Day Program: 7:30am - 5:30pm Year Round
- Part Day Program: 8:30 am - 12:30pm Year Round
- Serves 2.9 years - 5 years
- NAEYC Accredited
- Accepts all vouchers, Basic Income Eligibility

Cape Cod Child Development Program, Inc. is a private, non-profit human services agency founded in 1971. Our mission is to serve as a community resource that provides childcare, educational and developmental intervention, and family support services. We offer child-focused, family-centered programs that are affordable, accessible and of the highest quality. Agency staff and associated professionals work in partnership with families and others in the community to build on each child's unique strengths, ensuring positive growth and development.

Windmill Children's Center Director: Cindy Kent

109 Rt. 28 #7
West Dennis, MA 02670
(508) 398-6363

- Monday - Friday, 7:30 am - 5:30 pm, Year Round
- Serves 2.9 - 5 years old
- State Vouchers Accepted
- NAEYC Accredited



We are an academic program following NAEYC and MA DOE Standards. We offer full day for busy parents.

Dennis - Yarmouth Early Education Program

Coordinator: Shirley L. Smith

c/o Dennis - Yarmouth Regional Schools
Administration Center
296 Station Avenue
South Yarmouth, MA 02664
(508) 398-7664/(508) 398-7626

Yarmouth Classroom Sites:

- ◆ D-Y Regional High School
*includes Office and Resource Center
(South Yarmouth)
- ◆ Laurence C. MacArthur Elementary School
(West Yarmouth)

Dennis Classroom Sites:

- ◆ Ezra Baker Elementary School (West Dennis)

We Offer:

- ◆ Integrated preschool (PreK) programs
- ◆ Special Education services available
- ◆ MA Dept. of Education certified teachers
- ◆ 1/2 day program - 2 or 3 day options
- ◆ Sliding Fee scale for grant eligible children
- ◆ Low child/teacher ration; class size variable up to 15 children
- ◆ Follows local school district calendar (Sept-June)

The purpose of our program is:

- To motivate and respond to curiosity in children
- To encourage children to be critical thinkers and creative problem solvers
- To allow children to explore, experience, and be actively involved in finding order in their world and answers to their questions
- To meet children's developmental needs in all domains: cognitive, physical, social, and emotional
- To nurture and develop self-esteem, independence and competence, and instill responsibility and respect in children so that they can participate and contribute in a democratic society
- To instill the love of learning and the joy of accomplishment in all children

Sweet Peas and Sunshine and Rainbows Early Learning Center

Directors: Caitlin Depuy & Kelly Berardi

585 Main Street
Route 6A
Dennis, MA 02638
(508) 385-2948

- Open Monday-Friday (Sept-June) 8am - 4 pm
- Serves 2 months to 6 years old

Sweet Peas and Sunshine and Rainbows provides social, emotional, physical and cognitive growth for young children in an atmosphere of loving guidance.

The Children Workshop

Director: Kate Gadd

434 Route 134
South Dennis, MA 02660
(508) 760-2772

- ◆ Open Monday-Friday 7:00AM-5:30PM Year Round
- ◆ Serves 1 month - 7 years
- ◆ State Vouchers Accepted

A devoted team of professionals creating fun learning environments, peace of mind, and flexibility for our families... because we care.

Yarmouth

Cape Cod Child Development Yarmouth Preschool Childhood Center Director: Pat Nally

367 Route 28
West Yarmouth, MA 02673
(508) 418-5574

- ◆ Open Monday-Friday 7:30AM-5:30PM
 - ◆ Serves 2.9-5 years old/Preschool
 - ◆ Summer Program Available
 - ◆ NAEYC Accredited
 - ◆ Vouchers Accepted
- To provide a loving and caring enviroment that enhances cognitive, social emotional skills.

Cape Cod Child Development Yarmouth School Age Program Director: Kim Ingram

367 Route 28
West Yarmouth, MA 02673
(508) 418-5562

- ◆ Open Monday - Friday 3:30PM - 5:30PM
During School Year, After School Program
- ◆ Open Monday - Friday 7:30AM - 5:30PM
Summer and School Vacation
- ◆ Transportation available from D-Y Public Schools
- ◆ Serves 5-12 year olds
- ◆ Vouchers Accepted



Northside Nursery School

Director: Laurel Galvin

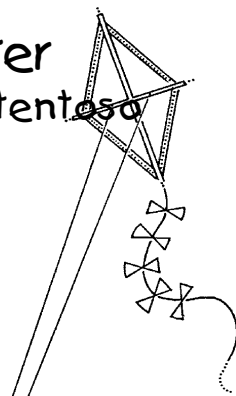
165 Main St.
Yarmouth Port, MA 02675
(508) 362-9742

- Open Sept. - June
MWF 8:45 AM-3PM, Morning & Afternoon sessions
T/TH 9AM-1PM
- Serves 2.9-5 years old
- July Summer Program
- NAEYC Accredited

T.L.C. Childcare Center

Owner/Director: Tracey Portentosa

24 Commercial St.
South Yarmouth, MA 02664
(508) 760-8226



- Open Monday-Friday 7:30AM-5:30PM
- Serves 6 weeks-5year olds
- Summer Program Available
- Vouchers Accepted
- NAEYC Accredited

"We are a family oriented center with qualified loving staff."

PITTER PATTER PUPPETS

Mary Wilson
Puppeteer



Puppet Shows for Young
Children

(508) 314-4776

Home/Family Day Care Providers - Licensed

Cape Cod Child Development
Family Child Care System
Contact Nancy Stillson
(800) 974-8860

30 Licensed Providers
Teen Parent Program

Providers are visited monthly
and supported by system staff

Please note that there are many licensed family child care providers in the mid-Cape region offering child care for infants, preschoolers and school-age children. For a complete list please call the Child Care Network at 508-778-9470 or the Department of Early Education and Care website: www.eec.state.ma.us/childcaresearch



Playgroups

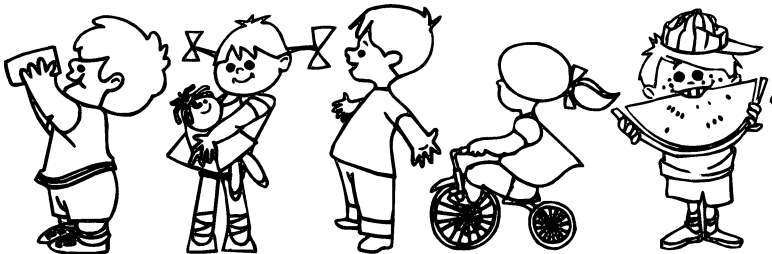
Families United Network (FUN)

Families United Network, a program of Cape Cod Child Development, has playgroups for families with children from birth up to four years of age. We also offer Family Support and Parent Education Programs.

Programs are free to Barnstable residents and for a small fee to residents from other Cape Cod communities.

Contact: Mary Wilson (508) 775-6240 ext. 512

To learn more: www.cccdp.org



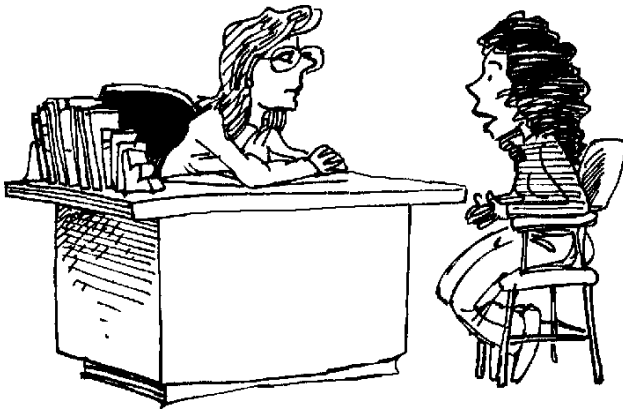
Services Assisting Bi-Linqual Families

Cape Cod Healthcare 508-862-7880

Cape Cod Child Development
Program, Inc.(Child care) 508-775-6240x312

Health Care Access Line (Multi Linqual) 800-531-2229

Women, Infants & Children (WIC)
Multi linqual services-food & nutrition 800-942-2445



Serviços Assistindo Famílias Bilingües

Cape Cod Healthcare 508-862-7880

Cape Cod Child Development Program, Inc.
(Cuidados a criança) 508-775-6240 X 312

Health Care Access Line (Multi Lingue) 800-531-2229

Women, Infants & Children (WIC)
Serviços-comida & nutrição em
varias línguas 800-942-2445





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