

F.U.N. Families United Network

A Program of Cape Cod Child Development

Newsletter

A message from Mary

Happy almost-winter everyone! It's hard to believe that it is almost December as I write this and we have had such mild weather lately. Of course we are in New England so by the time I am done writing this we may have 6 inches of snow on the ground!

We are making some changes to the offerings this session for family programming in response to the Community Surveys we did last year and the budget cuts we received for this fiscal year. Something that families asked for were more parent-child activities during the winter months, so we tried to accommodate that request. We concentrated the funding we have to add several parent-child activities (**Dinosaurs**, visit to the **Fire Station** and **Dental Night**) in addition to the annual **Winter Family Event**. We almost had to cancel the **Healthy Family Fair**, but we had a

generous sponsor- **Emerald Physicians**- who made a donation of \$1,000 to make this event possible. We also have some great volunteers (**Selissa Johnson, Dacia Hoskinson, Valerie Pereira Brown and Cassandra Rhodes**) who are working hard to get donations and participants so that we have a wonderful line up of activities/food/information for families. For residents of Dennis and Yarmouth, we have added longer **Gymport groups** and a **Tuesday Playgroup at the Northside Methodist Church**.

We will be launching several new fundraisers soon thanks to the Fundraising Committee and all the great ideas they have. We will be selling some very cute and clever t-shirts for children and having a huge yard sale- details to follow in future announcements.

Please join us for some of the upcoming programs and share the FUN Program with people you know. I know there is something for everyone and if there is something you would like to see included, please feel free to contact me and let me know.

Thanks to all the families who have made financial donations (tax deductible), have volunteered to participate on the Council and Fundraising Group, have volunteered their time to facilitate/support groups, and who have donated goods and services over this year. **Everyone who participates in our program supports the community.** It takes a village!

Have a warm and wonderful winter and a great start to 2012!

Mary

mwilson@cccdp.org

508-775-6240x512

Serving families in the Towns of
Barnstable, Dennis, and
Yarmouth

Volume 12, Issue 3
Winter 2012

Upcoming Events
January-March 2012

Parent/Child Play & Learn Groups
registration for the
Winter Session
December 19-22, 2011

Call (508)775-6240,
x512 to register.

The winter session
Council Meetings
will be held:
12/5/11-6-7pm
1/9/12-1:15-2:15pm
2/6/12-6-7pm
3/5/12-1:15-2:15pm
at the YMCA in West
Barnstable.
Please contact Mary for
more info.
Childcare will be
Provided upon request..
Parents Needed!

Special points of interest:

- © Winter Calendar/Family Event registration/registration form
- © News/Thank you/Wish List
- © Message From Mary

Winter 2012 Parent/Child Play & Learn Groups

All Families United Network Programs are funded by a grant through the MA Dept. of Early Education and Care

	Mon	Tue	Wed	Thu	Fri		
** Fee Based Program-Fundraiser	Bambi and Patti <u>Playgroup</u> EI Building 9:30-11:00 am	Jill <u>Music & Movement**</u> Kiddie Kollege 9:30-10:30 11:00-12:00 8-weeks	Elena <u>Playgroup</u> EI Bldg 9:30-11:00 am	Mary <u>Music & Movement**</u> 9:30-10:30 Kiddie Kollege Birth- 5 yrs. 8-weeks			* See program description
◆Free for D-Y residents. Fee based for other residents	April <u>Gymport Playgroup ◆</u> Gymport Gymnastics 10:00-11:00 am	April <u>Playgroup ◆</u> Northside Methodist Church 9:30-11:00 am	Vanessa <u>FUN-ercise Walking Group</u> 9-10 am HYCC/8-weeks Shelby <u>Little Yogis**</u> 10-10:45am HYCC/8-weeks	Gaby <u>Sol. Solecito Playgroup**</u> EI Building 9:30-11:00 am 8-weeks (starts 2/2)	April <u>Gymport Playgroup ◆</u> Gymport Gymnastics 10:00-11:00 am		

See fees for each of the fee-based fundraisers with each description.
All fee-based groups require registration forms and fees sent into the office prior to the start of the session.

See attached form

Sliding Scale and Scholarships available to qualified families.

All Programs are subject to change due to funding

- Registration December 19-23, 2011 (voice mail will be returned in the order that it is received). All Parent/Child Play & Learn groups are closed the weeks of 12/19/11 through 1/2/12.
- Winter programs begin January 3rd (unless specified in the description).
- Closures: 12/19-1/2 (registration/session break/holiday), 1/16 (holiday), the week of 2/20-2/24 (holiday/school vacation week).

*** Please note that families who were on the waitlist during the fall session will have priority for groups.

To register for Play & Learn Groups and programs, call Mary (508)775-6240 x512

Winter 2012 Parent/Child Programs and Parent Support & Education

All Families United Network Programs are funded by a grant through the MA Dept. of Early Education and Care
Some programs also funded through the MA Children's Trust Fund, the United Way, collaboration and fundraising.

All Programs are subject to change due to funding

Winter Family Programs & Events

(For all fee-based fundraiser groups, you must call to register and use the attached form to make payment)

- **Sol, Solecito (Sun, Little Sun) Play & Learn Group:** An 8-week series for children ages Birth to 5 years, Thursdays starting 2/2 (skips 2/23) from 9:30-11:00 am at the Early Intervention Building in Hyannis. In the *Sol, Solecito* playgroup, your child will learn Spanish in a fun and creative way. *Sol, Solecito* uses different creative tools like songs, flash cards, story-telling & games that will introduce Spanish vocabulary. It will incorporate different themes throughout each of the playgroups, always guided by the child's own interest. *Sol, Solecito's* bilingual environment will also allow children to explore Latin American cultural traditions. While dancing, singing and playing, children will learn without even noticing, and best of all, parents and caregivers will be learning too! This play & learn group will be conducted by Gaby Ituarte, a Montessori certified teacher, Spanish native speaker, and proud mom of 2 girls. This is a FUN Program fundraiser. Fee: \$75 per family. Registration required.
- **Tuesday Music & Movement-** (8-week classes/9:30-10:30 and 11-12:00 starting 1/3) at Kiddie Kollege located in the Faith Assembly Church 154 Bearse's Way, Hyannis. This is a FUN Program fundraiser. Fee: \$75 per family. Registration required.
- **Thursday Music & Movement-** (8-week class/9:30-10:30 starting 1/5) at Kiddie Kollege located in the Faith Assembly Church 154 Bearse's Way, Hyannis. This is a fundraiser for the FUN Program. Fee: \$75 per family. Registration required.
- **For D-Y Residents-** Both the Monday and Friday **Gymport** (34B Mid Tech Drive, West Yarmouth) classes are free to residents of Dennis and Yarmouth only. These groups start Friday, 1/6 and Monday, 1/9 from 10-11:00 am and run through 3/16/12. The **Tuesday Playgroup** at the Northside Methodist Church begins Tuesday 1/3 and runs through 3/13/12 from 9:30-11 am. They are funded through the D-Y Partnerships for Families grant. FREE to D-Y families. *Families who are not residents of Dennis and Yarmouth may participate with a Fee: \$75 per family.* Registration required.
- **"Little Yogis"**- An 8-week series for children ages 3-5, Wednesdays starting 1/4 from 10-10:45 am at the Hyannis Youth and Community Center (HYCC)/Shepley Room. Come unwind and share gentle movement with your little yogi. Class will include yoga, music & movement, and a story. Please bring a healthy snack for story time, yoga mat or towel. Join Shelby Powers, certified yoga instructor, as we explore animal postures and sounds through dance and play. This is a fundraiser for the FUN Program. Fee: \$75 per family. Registration required.
- **FUN-ercise: Walking Group with Strollers-** (8-week class/9:00-9:45 Wednesdays starting 1/4) at the Hyannis, Youth and Community Center (HYCC) Bearse's Way, Hyannis/Gym. Join Vanessa Baker with your child/children in a stroller for some fun and energizing walking and interval training. This is a FREE Program. Registration required.
- **Winter Family Event-** Crafts, Sensory Activities, make your own healthy snack, dancing to a DJ, fun games plus so much more! Saturday, 1/21/12 from 10:00 am-12:00 pm at the Hyannis West Elementary School, West Main Street, Hyannis. Registration not required. This program is FREE, but donations would be appreciated.
- **Healthy Family Fair-** Mini Touch-A-Truck, the D-Y Bookmobile, Crafts, Zumba, dancing with a DJ, Gymport obstacle course, healthy food for snack and lunch from local restaurants, Yoga for families, lots of community resources! Saturday, 2/11/12 from 10:00 am-1:00 pm at the Hyannis West Elementary School, West Main Street, Hyannis. Registration not required. This program is FREE, and is **sponsored by EMERALD PHYSICIANS** and is supported by many local agencies and local businesses.
- **Single Parenting Groups-**A non-therapeutic group for single parents to come together to share their strengths and challenges. Dinner and childcare provided. Once a month (1/12, 2/9, 3/8 and 4/12/12) from 5:15-6:45 pm at the EI Building, Hyannis. Registration required. **Supported by the Cape Cod Neighborhood Support Coalition and Not Your Average Joes.**
- **Effective Positive Discipline-**Starts Wednesday January 11, 2012. (This group fills up fast!) An 8-week parenting series, with Cindy Horgan, for parents with children Birth through 6 years old. It will be held at Faith Assemblies Church in Hyannis from 5:30 pm-7:30 pm. Pizza dinner, childcare and transportation provided. **This program is supported by a grant from the MA Children's Trust Fund.** Registration is required.
- **Big Ryan Storyteller-**Tuesday, 1/24/12, from 5:30 pm -7:00 pm-at the Hyannis Public Library. Come enjoy Big Ryan's Tall Tales of humor that will be sure to draw some giggles from you and your little one! Dinner provided. Registration required.
- **Dental Night-**Tuesday, 2/28/12, from 5:30 pm -7:00 pm-at the Hyannis Public Library. Hands on learning about the dentist, crafts, puppets and activities led by Ellen Gould and Mary Wilson. Dinner provided. Registration required.
- **Fire Station Visit-**Saturday, 3/3/12 from 10-11 am. West Barnstable Fire Station, Route 149 (on the 6A end of Route 149). Join us as we learn fire safety, touch the fire trucks, meet our local firefighters and have a snack. Registration required.
- **Dinosaurs!**- Tuesday, 3/13/12, from 5:30 pm -7:00 pm-at the Hyannis Public Library. If your child loves dinosaurs, don't miss this fun filled night with activities, crafts, and a "dino dig" with Kim Torres. Dinner provided. Registration required.

To register for parent/child events and programs, call Mary (508)775-6240 x512

Family Program Registration Form/Fee-Based Fundraising Groups- Winter 2012

Note: You must call prior to sending in this form to make sure there is space in the group

Yes, I'd like to register for the group(s) below (please check all that apply):

- Tuesday **Music** 9:30-10:30 Price: \$75 each family
- Tuesday **Music** 11:00-12:00 Price: \$75 each family
- Wednesday **Little Yogis** 10:00-10:45 Price: \$75 each family
- Thursday **Music** 9:30-10:30 Price: \$75 each family
- Thursday **Sol, Solecito** 9:30-11:00 Price: \$75 each family
- Non-Dennis/Yarmouth Residents:** Monday **Gymport** 10-11:00 Price: \$75 each family
- Non-Dennis/Yarmouth Residents:** Friday **Gymport** 10-11:00 Price: \$75 each family
- Non-Dennis/Yarmouth Residents:** Tuesday **Playgroup** at Northside 9:30-11:00 Price: \$75 each family

Number of Children: _____

Total Program Cost:_____

Check enclosed Cash Credit Card (check below)

Credit card: VISA Master Card Discover

Name on card:

Billing address:

Credit card #: _____ Expiration date: _____

Contact Person: _____

Phone number: _____

Mailing Address: _____

Please make checks payable to:

Cape Cod Child Development—FUN Program

83 Pearl Street, Hyannis, MA 02601

Any questions, please call:

Mary Wilson

508-775-6240x512

Code: 440-3404

Thank you! It takes a village...

To all the Families that made financial donations for participating in the groups and who donated snacks and supplies for the Parent/Child play & learn groups, **Gymport**-for the discount they give to the FUN Program for groups, **Midnight Mail**- for the discount they gave the FUN Program on printing, **Betsy Oman**- for her generous donation of supplies for the playgroups, **Selissa Johnson**-for her donations of recycled materials, parenting books and her support on the Council and Healthy Family Fair subcommittee , **Dacia Hoskinson**- for her support on the Council and Healthy Family Fair subcommittee, **Randy Hoskinson**-for his support on the Council, **Tracy Kramer**-for her support on the Council, **Christina Arabadzheiva**-for her support on the Council, **Helena Johnston, Lindsay Baker, Anca Lauzon, Jill Manuel, Heather Palmer, Lynn Wood, and Liz Saunders**-for their financial donations to the playgroups, **Emerald Physicians**-for their \$1,000 sponsorship donation to the Healthy Family Fair, **Scottie's Famous Pizza**- for the discount they gave the FUN Program on meals for the parenting classes and training sessions, **Lisa Kaleczyc & family**-for the Jordanian drum they donated to the music classes, **Faith Assembly Church/Kiddie Kollege**- for donating space for the music classes, the parenting classes and the teacher training, **Michelle LaRowe Conover**- for holiday toy donations for a family in need, **Physical Therapy Solutions/Kristin Terkelsen**- for sponsoring a family in need with grocery gift cards this holiday season, **Cape Cod Neighborhood Support Coalition**- for their support funding the facilitator of the Single Parent Support Group, and **Not Your Average Joe's** in Hyannis- for providing dinner to the Single Parenting group.

Can You Help?

A family (single mom with 3 children) is looking for a working washing machine. In case there is anyone who has one to give away or knows of a free/low cost machine, please contact Mary Wilson at mwilson@cccdp.org and let us know. Please respond by December 9th if you can help- thank you!

A way to help our program is to visit our sponsors and tell them thank you for their support of the FUN Program. When visiting a sponsoring business please cut out and hand them the small thank you note below. Showing your appreciation for their support, even during these tough economic times, doesn't cost a thing and means so much.

Thank you!

**Thank you for supporting the Families United Network (FUN)
Program of Cape Cod Child Development.**

Your generosity means so much to my family. Because of your generous support of this program, our family and many others have been able to participate in the family support and parent education programs they offer.

Thank you for helping to build strong families and a stronger community!

"Because all families deserve support."

**Families United Network (FUN) Program of Cape Cod Child Development
508-775-6240x512 email: mwilson@cccdp.org**

FUN Program Wish List

The following support would be most appreciated:

- **People who can help with posting flyers, spreading the word about programs and helping with the yard sale/t-shirt sale fundraisers.**
- **Financial donations-Should you care to make a financial donation to the FUN Program, please make checks payable to: Cape Cod Child Development, Attention Mary Wilson, 83 Pearl Street, Hyannis, MA 02601(We will use your donation to help support the programs that we currently offer by providing childcare, food and transportation to families who need it in order to participate in our parenting classes and for supplies we may need for the play and learn groups.)**
- ***All donations to our program are tax deductible according to current tax guidelines**

More News!

- **Cape Cod Neighborhood Support Coalition** offers free and confidential information and referral service for families on the Cape and Islands, including parent education and support. Go to www.capecoalition.com for more information or for the most current listing of Parent Education and Support activities, log onto: <http://capecoalition.com/calendar.html>
- Are you a parent experiencing stress around raising your children? Parenting is one of the hardest jobs there is! Please know that there is someone available to help 24 hours a day. Call the **24 Hour Parental Stress Line** at **1-800-882-1250** and someone can help.
- **Car Seat Safety Inspections-** at A Baby Center in Hyannis. Call 508-771-8157 to make an appointment.
- The **Mid Cape Family Resource Guide** is now online! Log onto: <http://www.cccd.org/assets/1291234530-Mid-CapeResourceDir.pdf>
It is a valuable resource for many families and professionals looking for community resources that support families.