



## *Fall 2018 Barnstable Coordinated Family and Community Engagement (CFCE) Newsletter*

Announcements: Happy Fall! The Barnstable Coordinated Family and Community Engagement program/Families United Network, offers many wonderful opportunities for families through an important grant from the Massachusetts Department of Early Education and Care, to support family engagement, early literacy, parenting education, and to provide various resources, and we are so fortunate to bring these opportunities to you!

We hope that you enjoy the next session of offerings. All groups are FREE! We just ask that you register, with the exception of our library drop-in groups. As always, please be in touch if we can assist you in any way or provide any support which may be helpful for your family. We look forward to seeing you! *Laura, Ellen, Barbara*

*The Barnstable Coordinated Family and Community Engagement Advisory Council is looking for parents to join the Council. Meetings are held four times per year, on a Monday evening, from 5:30pm-6:30 pm, at our Centerville site, 1498 Falmouth Road, Centerville. Please let us know if you are interested in becoming a member, we would be delighted to have you participate!*

### **Groups:**

**Monday—“Play and Learn Group”, at the Early Intervention building, 80 Pearl Street, Hyannis, 9:30 am-11:00 am, September 10<sup>th</sup>-December 10<sup>th</sup>, Miss Bambi & Miss Ellen**

Join us for some exploration of toys, sensory materials, stories, songs, a snack, outdoor play (weather permitting) and creative crafts designed for learning. Children learn to play near and with each other, and to practice skills in preparation for preschool. Appropriate for birth to five years old. **FREE** Registration required

**Monthly Monday—"Music & Movement", at Hyannis Public Library, 401 Main Street, Hyannis, 1:30 pm-2:30 pm, September 10<sup>th</sup>, October 1<sup>st</sup>, November 5<sup>th</sup>, December 3<sup>rd</sup>, Miss Ellen**

Join us for a music and movement group for children birth to five years of age. Come have fun and learn how music covers all areas of development, such as gross motor development, fine motor development, social-emotional development, and communication.

**FREE Drop-in**

**Tuesday--Long Pasture Wildlife Playgroup, 345 Bone Hill Road, Barnstable, 1:30 pm-2:30 pm, September 11<sup>th</sup>-December 11<sup>th</sup>, Miss Jessica (Long Pasture) & Miss Ellen**

Designed for the 4-year-old and 5-year-old child, this program provides a fun learning experience in nature. A Long Pasture Naturalist will engage the group of children with their parents, through fun activities and themed learning experiences at the Long Pasture Wildlife Sanctuary. Exploration through sensory, hands-on activities will promote learning about science and nature. Families will have the opportunity to make nature journals documenting their learning experiences each week. In addition, gross motor skills will be used when taking a walk through a path or along the grounds of the Wildlife Sanctuary, to observe, and to talk about the surroundings. Long Pasture Wildlife Sanctuary is part of the Massachusetts Audubon Society and is located on Barnstable Harbor off 6A, close to Barnstable Village. There are many ecosystems that you will explore during the program including butterfly-filled meadows, woodland trails, farm animals, vernal pools, ponds and tidal flats! **FREE**

**Registration required**

**Wednesday—"Once Upon a Playtime", at the Early Intervention building, 80 Pearl Street, Hyannis, 10:00 am-11:00 am, September 12<sup>th</sup>-October 10<sup>th</sup>, for children 2-5 years of age, Miss Barbara, (Barbara E. Johnson, Expressive Arts Therapist/LMHC)**

Once Upon a Playtime is a playgroup for 2-5 year-old children and their parents. The focus of the group is dramatic play using fairy tales, folk tales, nursery rhymes, and songs, AND, inspired stories from home. Yes! 'Homemade' stories – whether a favorite book, a real story, or made-up – are welcomed. Our goals: \*Making safe playtime space \*Encouraging social skills through group story-making \*Highlighting creative expression as our child's way to problem-solve \*Celebrating story as a key to happy growing! Parents and children will be led in exploring stories in a variety of fun ways: \*On the floor with CCCD playhouses, figures, and animals \*Movement, dance, sound, and song \*Scene-setting with CCCD cardboard bricks, blocks, recycled materials & scarves \*Costumes and masks using recycled and arts materials \*Informal performances of a character or part of a story, or the whole thing! Each family will be provided a set of core books or printed stories (if they don't have) to read and familiarize with their child at home. We conclude the series with a festive healthy "fairy tale" lunch where we will munch on our adventures at a decorated table, and if willing, come dressed as a story character. **FREE Registration required**

**Thursday—Rainbow Dance, at Cromwell Court, 168 Barnstable Road, Hyannis, 11:00 am-12:00 pm, September 13<sup>th</sup>-October 11<sup>th</sup>, and November 1<sup>st</sup>-December 6<sup>th</sup> (group cancelled November 22<sup>nd</sup>) led by Miss Laura (Certified RD Trainee) & Miss Barbara, for families with toddlers, 1.5-3 years of age**

Rainbowdance©, Boston Children's Foundation's early childhood program, promotes positive attachments with caregivers. Developed by BCF's Director Dicki Johnson Macy, LMHC, BC-DMT, Rainbowdance establishes a sense of safety, empowerment, and relationships through the weekly Rainbowdance also helps children with special needs, and with behavioral challenges, and in addition, helps with communication repetition of a sequence of songs, gestures, and movements. The repetitive content of groups helps to establish safety and trust, which is necessary for promoting self-esteem and self-regulation, while the rhythm of familiar music can help to soothe children. For additional information about Rainbowdance, visit [www.bostoncf.org](http://www.bostoncf.org) **FREE** Registration required

(If you have questions for staff of Cromwell Court, please call either Jen or Renea, at 508-208-7979)

**Upcoming Events: Celebrate STEM Week! Tuesday, October 23<sup>rd</sup>, 4:30 pm—6:00 pm, Hyannis Public Library, 401 Main Street....Come enjoy fun activities about Science, Technology, Engineering, Math. These areas of development are so very important to emphasize for children!! In addition, learn more about our wonderful local library!! This is a great opportunity to get a library card if you do not already have one.**

**4:30 pm-5:30 pm STEM session—Miss Lynne talks about nocturnal animals! Other science activities will also be available.**

**5:30 pm-6:00 pm-- Library Information, story; FREE books from Families United Network!!**

**NEW DAY & TIME!! Story Time Saturday, November 17<sup>th</sup>, December 15<sup>th</sup> 11:00 am-12:00 pm**

**At Hyannis Public Library, 401 Main Street, Hyannis  
Come enjoy the library, hear a story, and do an activity**

**Receive FREE BOOKS from Families United Network!**

## **Playing on Purpose**

**Fun & Interactive Parent-Child Play Session**

**For families and children ages Birth-5**

- **Understand your child's social & emotional development**
- **Strengthen your relationship with your child; and**
- **Learn strategies to make playtime more purposeful for you and your child.**



**THURSDAY, November 15<sup>th</sup>,  
5:30 pm-7:00 pm, Cape Cod Child Development, 1498  
Falmouth Road, Centerville, Childcare and light dinner  
provided**

### **Lending Library!**

The Lending Library is a wonderful resource regarding the importance of early literacy development. Families are invited to borrow our book bags for children, which contain books regarding toddler behaviors; adoption; Grandparents raising grandchildren; family and transitions; toilet training. The bags also contain handouts for parents regarding early literacy development.

**More book topics to follow as we expand our library!**

In addition to our Lending Library, the Families United Network also offers themed kits to be borrowed.. These kits include a book and activity, such as Gardening Fun! along with handouts of information for how to use the kit and other activities to go along with it. Many topics are available.

**For more information and to borrow from our library, please contact us or speak with your playgroup leader.**

## Book Ideas for the Fall:

Ana Cultiva Manzanas/Apple Farm Annie by Monica Wellington & Eida de Risco

Barnyard Dance by Sandra Boynton

Buenas Noches Luna by Margaret Wise Brown

Corn is Maize by Alike

Count Down to Fall - Fran Hawk

El Otono/In Autumn by Susana Madinabeitia Manso

El Otono (las Estaciones) by Nuria Roca

Fall Weather Cooler Temperatures by Amanda Enright

Familia by Star Bright Books

Fletcher and the Falling Leaves - Julia Rawlinson

From Apple Trees to Cider, Please - Felicia Sanzari Chernesky

Good Night Moon by Margaret Wise Brown

Home by Carson Ellis

Jamberry by Bruce Degen

Leaves: An Autumn Pop-Up Book by Janet Lawler

Mi Jardin de Otono by Kelly Carlos

Mirror by J. Baker

Miss Bindergarten Gets Ready for Kindergarten by Joseph Slate

Os Sonhos Coloridos de Caroline/Caroline's Color Dreams by Tanner Call & Joshua Timothy

Preparete Kindegarten! Alla Voy!/Look Out Kindergarten Here I Come! by Nancy Carlson

Que' Sucede En Ontono?/What Happens in Fall? by Alex Appleby

Sheep Wants to Jump by Clive Batkin

Time to Say Bye-Bye/Hora de Dizer Tchau-Tchau by Maryanne Cocca-Leffler

Tractor Mac Harvest Time by Billy Steers

Two Homes by Calire Masurel

Veo el Otono/I See Fall by Charles Ghigna

We all Sing with the Same Voice by J. Philip Miller & Sheppard M. Greene

We're Going on a Bear Hunt by Michael Rosen

[The Wheels on the Bus](#) by Raffi

[Words are Not for Hurting](#) by Elizabeth Verdic

[Information for trips to the library with your child:](#)

<http://growingbookbybook.com>

*[Libraries in Barnstable:](#)*

Centerville Public Library, 585 Main Street, Centerville, 508-790-6220

Cotuit Library, 871 Main Street, Cotuit, 508-428-8141

Hyannis Public Library, 401 Main Street, Hyannis, 508-775-2280

Marstons Mills Library, 2160 Main Street, Marstons Mills, 508-428-5175

Osterville Free Library, 43 Wianno Avenue, Osterville, 508-428-5757

The Sturgis Library, 3090 Main Street, Barnstable, 508-362-6636

Whelden Library, 2401 Meetinghouse Way, West Barnstable, 508-362-2262

**Ages and Stages Questionnaire (ASQ)**

**This is a helpful opportunity to learn more about your child's development with the Ages and Stages Questionnaire!—This short questionnaire is a fantastic way to learn more about your child's development, to discuss any concerns that you may have, and how resources can be provided if necessary...contact our program or your playgroup leader if you would like to meet to participate.**

**Resources:**

A Baby Center, 81 Willow Avenue, Hyannis, 508-771-8157, M-10am-2pm; 5pm-7pm; T-10am-2pm; W-10am-2pm; Th-10am-12pm

Community Action Committee of Cape Cod & the Islands, 372 North Street, Hyannis, 508-771-1727, fuel assistance, housing assistance, healthcare assistance, emergency food pantry

Department of Transitional Assistance, 181 North Main Street, Hyannis, 508-862-6600—SNAP/Food Stamps; state assistance; job assistance

Early Intervention, 80 Pearl Street, Hyannis, 508-775-6240, evaluations and support around development, for children birth to age three

Family Resource Center, 29 Bassett Lane, Hyannis, 508-815-5100

Housing Assistance Corporation (HAC), 460 West Main Street, Hyannis, 508-771-5400

Women, Infants, Children (WIC)—1019 Iyannough Road #7, Hyannis, 508-771-7896

**Websites:**

[aap.org](http://aap.org)—American Academy of Pediatrics

[brainbuildinginprogress.org](http://brainbuildinginprogress.org)--Brain Building in Progress

[childrenstrustma.org](http://childrenstrustma.org)—Children’s Trust Fund--several resources for families, including articles, parenting classes, etc.

[mass.gov/edu](http://mass.gov/edu)—Massachusetts Department of Early Education and Care

[zertothree.org](http://zertothree.org)—information regarding development, etc. birth to three years of age

The Mid-Cape Family Resource Directory 2017/2018 is posted on our website—[cccdp.org](http://cccdp.org)

Our program offerings are funded by the Coordinated Family and Community Engagement (CFCE) Grant of the Massachusetts Department of Early Education and Care and by Cape Cod Child Development. Please register by visiting our website at [www.cccdp.org](http://www.cccdp.org), calling us at 508-775-6240 x 512, or emailing [ehyde@cccdp.org](mailto:ehyde@cccdp.org). You may also press extension 521, to be connected to Laura D’Angelo, or email her at [ldangelo@cccdp.org](mailto:ldangelo@cccdp.org).

